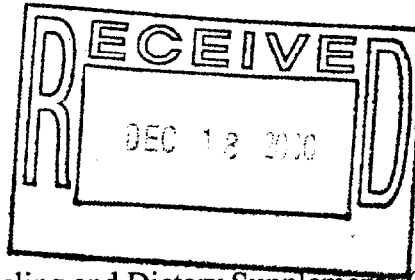




1309 Avenue U
Brooklyn, NY 11229
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Main Office: 1-800-544-6294
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November 27, 2000

Office of Nutritional Products, Labeling and Dietary Supplements (ONPLDS)
HFS-810
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support - Valerian Root and St. John's Wort

Pursuant to 21 CFR Part 101.93, Maxi Health Research, Inc. is filing the following Statement of Nutritional Support for the Dietary Supplement marketed as Valerian Root and St. John's Wort.

- 1) Name and Address of Distributor: Maxi Health Research, Inc., 1309 Avenue U., Brooklyn, New York 11229
- 2) Text of Nutritional Support Statement being made: "Valerian is calming and is used to support the central nervous system...useful for normal problems associated with the female reproductive system, for relaxation. St. John's Wort is useful to support a healthy attitude and mental outlook, especially for occasional mood changes associated with PMS, menstruation and menopause."
- 3) Name of dietary ingredient: Valerian Root and St. John's Wort with Enzymax®, a registered trademark of a vital digestive enzyme complex that aids digestion.
- 4) Brand Name: Valerian Root and St. John's Wort Herbal Dietary Supplement
- 5) Substantiation information on file at the company office. The corporate officer who can certify same is Isreal Brecher, VP of Sales & Marketing

Yours truly,

Isreal Brecher
Maxi Health Research Inc.

975-0162

C6293 73758

Supplement Facts

Serving Size 1/2 ml (approx. 14 drops)
Servings Per Container 60

Amount Per 1/2 ml	%DV
Proprietary Blend	500 mg
Valerian Root	*
St. John's Wort Herb	*

*%DV (Daily Value) not established.

Other Ingredients: Glycerin and triple filtered water.

Directions: As a dietary supplement take 1/2 ml 2 times a day in a small amount of water.

WARNING: Pregnant or lactating women should consult their physician before using any Herbal Supplements. Continuous use should not exceed three weeks.

MAR -- 2003

VEGETARIAN - HYPOALLERGENIC
CERTIFIED KOSHER



www.maxihealth.com
Manufactured For
MaxiHealth
RESEARCH INC.
BROOKLYN, N.Y.



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